

# 2018 XTREME LAX TOURNAMENT INFORMATION AND RULES

SATURDAY, June 30 and SUNDAY, July 1, 2018

THE GROTON SCHOOL, GROTON, MA 01450

## REGISTRATION

All Team Directors/Coaches must check in at the main tent with the Tournament Committee at least 45 minutes before their first scheduled game to:

1. Submit any changes to original team roster
2. Hand in all waiver/medical release forms for each player in one team packet
3. Check final game schedule for any last minute changes

## PARTICIPANT INFORMATION AND DIVISIONS:

**YOUTH**, by grade and graduation year, NOT by age: (YOG=Year of Graduation)

Lower ~ current grade 4/5/6 (YOG 2026-2024)

Upper ~ current grade 7/8 (YOG 2023-2022)

## **HIGH SCHOOL:**

Varsity: YOG 2019-2020

Junior Varsity: current YOG 2021

Rising 9<sup>th</sup> Grade: Current YOG 2022

## TOURNAMENT RULES

The Tournament will be played in accordance with **US Lacrosse Rules**

Modified checking for Grade 4/5/6 and Full checking for 7/8 grade

No checking for Grade 3/4. (Field will be smaller and will play 9v9 plus GK)

1. **ROSTER/WAIVERS:** Each team is required to submit their FULL roster by June 26 via email to Carla Farkes at [Carla.farkes@gmail.com](mailto:Carla.farkes@gmail.com) All Players must complete an online player registration/waiver.
2. **TRAINERS:** Two Licensed Athletic Trainers will be on duty during the tournament. Any athletes that need taping must provide their own pre-wrap and tape. The trainer's primary responsibility is to attend and triage injuries, taping will be available ONLY if their time allows. PLEASE submit a hard copy with player emergency contact phone numbers so that our Athletic trainers have access to this information during the tournament. Any specific health concerns for your players including bee or food allergies should be communicated ahead of time to our Athletic trainers, these players should be carrying an EPI PEN.
3. **UNIFORMS:** All players on a team must wear similar jerseys and each jersey must be numbered distinctively, with no number being repeated (including the goalkeeper). Teams are requested to bring alternate jerseys or pinnies. Where teams have the same color jerseys, the team listed first in the game schedule will be designated as the home team and will be asked to change jersey.
4. **GAME DURATION:** Each team is guaranteed 3 - 4 full games. ONLY the top four teams in each division will advance to a semi-final round and then a FINAL game. Two 20 minute halves with 3 minute half-time. Games will start and finish on a central horn. Minor adjustments may be made to these times prior to the start of the tournament. Coaches will be informed if this is necessary. Teams are expected to play at the scheduled starting time for each game. If neither team is ready to begin play, the game clock will rundown from the common start time reducing the length of game for those teams. Any team more than ten minutes late will forfeit the game and have their score recorded as a loss.
5. **SUBSTITUTIONS:** Substitutions will be on the fly and after goals.

6. **TIME OUTS: NO Time OUTS.**

7. **SLAUGHTER RULE: NO Slaughter rule,** Draws will be taken after every goal. Coaches are expected to be respectful of all opponents. If one team is dominating, that coach is expected to have players go non-dominant, back off on the ride, ask players not to check, just play body defense, as well as slowing down the offense and not fast breaking to goal.

8. **GAME DELAYS:** Any game which must be stopped due to unplayable field conditions will be resumed as soon as possible at a time and field location designated by the Tournament Directors. If games cannot be played, the games will not be made up and standings will be determined by all other games played.

9. **REFEREES:** All games will be officiated by certified referees.

10. **TOURNAMENT CANCELLATION:** Inclement weather is out of the control of the tournament directors, officials and site managers, in the event of thunder and/or lightening, all games will be suspended for 30 minutes from the last occurrence. Games will resume at the regularly schedule time. Missed Games will not be made up. In the event of heavy rain or unplayable field conditions, it is up to the tournament directors, and officials as to whether the fields are safe to play on. Partial refunds or credits for another Achieve Lacrosse tournament, after all fixed costs have been paid may be issued at the discretion of the Tournament Directors.

11. **GAME SCORES:** Field hosts will keep track of all game scores that will be reported to the Registration Tent. A win will be given two points, a tie will be given 1 point and a loss will be given zero points which will be posted at the Registration Tent. Seeding is based on: 1) points 2) goals against 3) goals for 4) coin toss. (NO head to head as all teams do not play all opponents)

**PLEASE NOTE:** It is the coach's responsibility to check with the Tournament Director at the completion of their last scheduled game to determine who they will play to compete in finals in their Division. The top four teams in each division will play a semi-final and then the winners of the two semi-final games will advance to the FINALS.

12. **WATER** will be provided at every field. Food: Food vendors will be on site with drinks, luncheon and snack foods.

13. **CLEAN UP:** Each coach is requested to ensure that the bench area is picked-up after each game. Trash cans are available near bench areas.

14. **ALCOHOL & TOBACCO POLICY**

All spectators, players, and coaches are expected to respect the Groton School prohibition of alcohol and tobacco products from being used/consumed on school property. Any violators will be reported to the Tournament Directors and will be subject to expulsion from the tournament at the discretion of the Tournament Directors. The Tournament Directors thank all fans and participants for their cooperation.

15. **PETS: Are not permitted!**

There are Groton School families that may be walking around the fields with their animals, but NO visiting families will be allowed to bring pets to the event.

16. **GRILLS: NO OPEN FIRES OR GRILLS of any kind will be permitted.**

**17. PARKING:DESIGNATED AREAS ONLY.** Vehicles will be removed from unauthorized areas at the owner's expense.

**18. Additional Details:**

- Team tents in designated areas only.
- All bench areas should be picked up after each game, trash cans and recycle bins will be available at all fields.
- The main tent will have the tournament standings
- Xtreme Lax Event tee shirts at the registration tent for sale \$15.00
- Food concessions will be located by Field #2 and Field #6
- Vendors will be located at Field #6
- Teams should bring an extra trash bag to pick up after the event
- NO ADMITTANCE TO ANY GROTON SCHOOL BUILDINGS.
- Please do not trespass or PARK on properties surrounding the campus

